



GILEAD
COMMUNITY SERVICES, INC
Improving Lives, Building Futures



Annual Report 2006

DONOR HIGHLIGHTS

The Gilead Community Services Fund was established in 2002 with an initial donation by Dr. Robert Baldwin, as a challenge for others to see the value in Gilead and the services it provides. That challenge was quickly accepted by Ed "Reds" and Jane McMillan who met the challenge and then extended a matching challenge of their own. The Gilead Community Services Fund has many contributors who understand the value and the quality of the care Gilead provides in improving lives and building futures.

Gilead Community Services' Board of Directors established our endowment as a funding stream to insure future programming and to provide stability for the individuals we serve. The Board has partnered with the Middlesex County Community Foundation to manage the endowment because both organizations are invested in improving the quality of life in Middlesex County.

The leadership and vision that individual donors deliver has helped to solidify Gilead's future. Building the endowment helps to provide future benefits to the individuals we serve. The future will be filled with challenges and changes. Investments like these allow Gilead Community Services to stay focused on our mission and values. The enthusiasm and optimism that these gifts bestow, our record of success, and the diverse talent and energy of all of those involved with Gilead, enable us to adapt to change, and to thrive.



Artwork throughout this report was created by Gilead client, Dawn Billings.



Dr. Robert Baldwin



Jane and Ed McMillan

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PROGRAM HIGHLIGHTS

Gilead Community Services provides a broad range of high quality health care and recovery support services in the home and community to improve mental health, physical well-being, independence, and community integration for the individuals we serve. Our programs include:

Outpatient Counseling Services

Both the Middletown and Gateway Essex clinics began the process of increasing services to reach the general population by addressing issues such as depression, anxiety, trauma, transitional employment, anger management, coping with chronic medical illness as well as other issues. We also began addressing the needs of local businesses by developing services such as Employee Assistance Programs, seminars and workshops.

Gateway Counseling Services (in Essex)

- Gateway served 223 individuals (2000 client visits) in 2006, including 135 who were new to our clinic.

Middletown Outpatient Clinic

- The Middletown Outpatient Clinic served 128 individuals (2,730 client visits) in 2006.

Residential Services

All group home (GI, GII, SCAP, and Baldwin) residents receive intensive psychiatric rehabilitation, daily living-skills training, case management, and nursing consultation services to help them transition to more independent living situations.

Adult Group Homes

- 3 of 9 residents at Gilead II participated in Gilead's Good and Clean (G & C) Employment Program.
- 3 of the 9 residents were taking formal steps toward transitioning to a more independent level of care.
- One Gilead I resident moved into her own apartment
- One SCAP group home resident moved into her own apartment.

Adolescent Group Home

- The Baldwin Home, Gilead's first adolescent group home, officially opened in February 2006.
- The Baldwin Home is licensed for 5 adolescent males.
- In June of 2006, Gilead in partnership with the Department of Children and Families (DCF) and the Department of Mental Health and Addiction Services (DMHAS), was already working toward transitioning one resident to independent living.

Gilead Apartment Program (GAP)

Located in Middletown, GAP provides intensive 24-hour case management and individualized clinical support services to clients in both group living and community apartments.

- 1 client was discharged to a community apartment from a GAP apartment, and then discharged to the ACT Team a "lower level of care".
- 1 client was discharged to the ACT Team and placed in a community apartment after living in the GAP transitional house.

- 2 clients actively maintained employment through Gilead's G&C Employment Program.

Shoreline Community Apartment Program (SCAP)

Located in Clinton, SCAP provides intensive 24-hour case management and individualized clinical support services to clients through both a group home and community apartments.

- 30% of the clients worked part-time during the year.
- 2 of 14 apartment clients "graduated" from SCAP to a lower level of care.



Community Treatment & Case Management Services

Gateway Community Treatment Program

Clients at the Gateway Community Treatment Program in Chester receive case management, psychotherapy and medication monitoring services. They may also participate in the Social-Vocational Program where they receive a comprehensive array of services aimed at recovery.

- 86% of clients attained their treatment plan objectives.
- 92% of clients maintained or improved their daily functioning.

Assertive Community Treatment (ACT) Team

The Gilead ACT Team provides an array of services, including intensive community based case management, crisis intervention, and other clinical services to a total of 63 Gilead clients living in the community.

- The ACT team provided a total of 9357 hours of direct service to clients in 2006 (over 25 hrs. of service per day).
- 78% of ACT clients attained their treatment plan objectives in 2006.

Community Support Programs

Gilead Social-Vocational Rehabilitation Center

The Social Rehab Program in Middletown is divided up into four areas: Outreach (legislative outreach), In-reach (clubhouse newsletter), Culinary (daily preparation of breakfast and lunch) and Education (health and wellness training). There are also various social events hosted at the center. The Vocational Rehab Program helps clients gain marketable skills and contracts with several local companies to provide their maintenance services.

- The Social Rehab Center served approximately 180 individuals in 2006.
- On average, 35 members participate in the center activities on a daily basis.
- The Good and Clean (G&C) vocational program employed 25 clients in 2006.

BOARD OF DIRECTORS



Robert J. Larson, President
Lauralei Clapp, Vice President
Philip Cacciola, Secretary
Mitchell Kogut II, Treasurer
Joan Youngs, Immediate Past President

Officers:

Jeffrey Burgess
Richard Handel
Marla Hinz
Gerard Kusinski
James Probolus
Lisa Sartorius



Dear Friends,

We would like to thank the clients, staff, Board members, families, significant others, and community partners who have been with us during this year. It is this strong partnership that is the foundation for helping our agency fulfill its mission and continue the legacy of innovative high quality healthcare and recovery support services. We are very pleased to look back over the past year and see so many accomplishments. Both the individuals we serve and our agency continue to make great achievements.

We would like to talk about recovery. Dr Wesley Clark said "There is no single road to recovery. No absolute path. Each person must identify that which works. Some roads are paved, some are rough, and others ill defined. No matter; recovery works."

As we celebrate our achievements and look to the future, our focus will be on the recovery that can be accomplished by our clients and, the education for the community and public policy makers about how important our services are. We will continue to build a strong infrastructure that can withstand external changes. Our mission, to provide a broad range of high quality health care and recovery support services in the home and community to improve mental health, physical well being, independence, and community integration for the individuals we serve, shall remain the foundation of all our work. The dedication of our clients, staff, and the generosity of our donors has enabled us to continue during difficult times and will allow us to move forward into the future.

Gilead is ready for this new era of excellence in prevention, treatment, and recovery support services. We continue to remain responsive to the changing needs of the individuals we serve and the requirements of the health care system. Gilead's goal has always been to provide the highest quality care for people we serve. It was the desire of the founders of our agency in 1968, and it is that same desire today that will serve as our guide.

Sincerely,
Barry M. Simon
Executive Director

Sincerely,
Robert J. Larson
Board President



Robert J. Larson, Board President and Barry M. Simon, Executive Director

Gilead Community Services is funded in part by



FINANCIALS

GILEAD COMMUNITY SERVICES, INC. AND RAINBOW HOUSING CORPORATION

Consolidated Statement of Financial Position June 30, 2006 and 2005

	2006	2005
		As Adjusted (Note 12)*
Assets		
<i>Current assets:</i>		
Cash	\$458,548	\$541,104
Accounts and grants receivable	107,041	147,980
Due from related party -PVNA	283,088	-
Receivables from tenants in loan program	143,050	134,255
Prepaid expenses	<u>25,115</u>	<u>46,673</u>
Total current assets	<u>1,016,842</u>	<u>870,012</u>
<i>Restricted assets:</i>		
Donor restricted investments	45,900	37,018
<i>Other assets:</i>		
Land, buildings and equipment, net of accumulated depreciation	<u>2,694,833</u>	<u>2,012,026</u>
	<u>\$3,757,575</u>	<u>\$2,919,056</u>
Liabilities and Net Assets		
<i>Current liabilities:</i>		
Credit line payable	\$190,000	\$ -
Current portion of long-term debt	67,253	56,466
Accounts payable	156,646	157,303
Accrued expenses	210,714	148,313
Due to DMHAS	5,256	106,200
Deferred income	<u>387,494</u>	<u>361,098</u>
Total current liabilities	<u>1,017,363</u>	<u>829,380</u>
Long-term debt, net of current portion	<u>1,204,057</u>	<u>771,554</u>
<i>Net assets:</i>		
Unrestricted net assets	1,103,535	1,003,284
Temporarily restricted	386,720	277,820
Permanently restricted	<u>45,900</u>	<u>37,018</u>
Total net assets	<u>1,536,155</u>	<u>1,318,122</u>
	<u>\$3,757,575</u>	<u>\$2,919,056</u>

GRANTS

Gilead is the grateful recipient of the following financial support:

- Middlesex United Way (\$43,270), The Town of Westbrook (\$3,500), Essex Community Fund (\$1,200) and Essex Savings Bank (\$1,500) which was all used to subsidize outpatient mental health services offered at Gateway Counseling Services in Essex.
- Fox 61 and the McCormick Tribune Foundation sponsored two United Partners Campaigns raising over \$26,000 to subsidize outpatient mental health services offered at Gateway Counseling Services in Essex.
- The Liberty Bank Foundation awarded \$5,000 to support the Learn to Ride Public Transportation program.
- Aetna Foundation awarded \$3,000 to purchase Christmas gifts for over 100 Gilead clients.
- NewAlliance Foundation awarded \$3,000 to support a housing bridge fund to provide quality affordable housing for clients in Clinton.

Consolidated Statement of Activities June 30, 2006 and 2005

	2006	2005
		As Adjusted (Note 12)*
Public support and revenue:		
State grants	\$5,631,506	\$4,940,316
Fees earned:		
Room and board	305,019	307,784
Clinic	581,172	314,277
United Way and other donations	91,613	137,994
Interest income	3,082	633
Other	260,240	155,621
Assets released from restriction:		
Depreciation	41,100	40,189
Total public support and revenue	<u>6,913,732</u>	<u>5,896,814</u>
Expenses:		
Program services:		
Residential services:		
Gilead I	534,350	488,933
Gilead II	530,951	469,871
Gilead Apartment Program	945,574	809,632
Baldwin Home	432,258	-
Iris Home	68,279	-
A.C.T. Team and Clinic	1,065,503	968,264
Social Center and G & C Maintenance	555,333	486,646
Lower Middlesex County	1,446,379	1,328,504
Silver Street	47,051	37,402
Occupancy	<u>213,717</u>	<u>205,292</u>
Total program services	5,839,395	4,794,544
Administration	<u>974,086</u>	<u>833,152</u>
Total expenses	<u>6,813,481</u>	<u>5,627,696</u>
Increase in net assets	100,251	269,118
Unrestricted net assets, beginning of year	<u>1,003,284</u>	<u>734,166</u>
Unrestricted net assets, end of year	<u>\$1,103,535</u>	<u>\$1,003,284</u>
Changes in temporarily restricted net assets:		
Restricted donations	\$ -	\$ -
State funding for building renovations and acquisitions	150,000	139,090
Released from restriction - depreciation	<u>(41,100)</u>	<u>(40,189)</u>
Increase in temporarily restricted net assets	<u>108,900</u>	<u>98,901</u>
Temporarily restricted net assets, beginning of year	<u>277,820</u>	<u>178,919</u>
Temporarily restricted net assets, end of year	<u>\$386,720</u>	<u>\$277,820</u>
Changes in permanently restricted net assets:		
Permanently restricted donations and investment income received during the year; net of foundation expenses	<u>\$8,882</u>	<u>\$3,832</u>
Increase in permanently restricted net assets	8,882	3,832
Permanently restricted net assets, beginning of year	<u>37,018</u>	<u>33,186</u>
Permanently restricted net assets, end of year	<u>45,900</u>	<u>37,018</u>
Total change in net assets	<u>\$218,033</u>	<u>\$371,851</u>

*The full audited financial statements and relevant notes can be found on our website at www.gileadcs.org.

GIVING

Gilead Community Services would like to acknowledge the following individuals, foundations, civic organizations and businesses that made financial contributions or in-kind gifts to our organization during the 2006 Fiscal Year. We are especially appreciative of the individuals that helped make our United Partners Campaigns such a success. If we have inadvertently omitted or misspelled your name, please accept our apologies and contact the Development Director at #(860) 343-5303.

Aetna Foundation, Inc.
Patricia Angello
Anonymous
Tony & Arlyne Ansaldi**
Augusta Apter**
Raymond & Elizabeth Archambault
Dr. Robert Baldwin
Robert F. Baldwin
Bennie's Market
Better Carpet Cleaners
Dr. Kenneth & Mary Bird**
Mr. & Mrs. Alfonso Bisignano*
The Bottle Shop
Bull Metal Company
Steve Bull
Philip & Marie Cacciola
Julie Carter
Janice & Ronald Catrone
Jane Cavanaugh
Centerbrook Congregational Church
Centerbrook Pizza
Laura Cherry
Chester Elementary School
Chester Exxon
Mrs. Carmella Chioraro
Edward & Lauralie Clapp
John & Mary Ellen Cohen-Shohet
Comstock Ferre & Co.
Belton & Eugenie Copp
Benedict Daigle
Barbara S. Delaney
Diane DePaola
Department of Children and Families
Department of Mental Health and Addiction Services
Kosho Dixon*
Dock and Dine Restaurant
Dorcas Society of Marlborough Congregational Church
John Duncan
Kim & Jim Earles
Essex Community Fund
Essex Savings Bank
First Baptist Church, Essex,
Reverend Michael Crane
First Congregational Church, Essex
Stuart & Amy Forman
Fox 61 Family Fund
Friends of the Village District
Jan Gehrke*
Betsy Gerich
Aaron & Betty Gilman Family Foundation
Jane & Jonathan Girson*

Marleine & Jeffrey Going
Carol & William Griffin*
William & Dora Grover
Paul Harrington
Priscilla & Lawson Harris**
Karen Henault & Joseph Mazurek
Joanne Hine
Marla & Gordon Hinz
Hollywood Video Employees
Main St Extension
Howard & McMillan
John J. Hussey
Illiano's Restaurant



Jeffrey & Dolores Ives
Mr. & Mrs. David Jacob
Bill & Jan Janson*
Steve & Heather Jeanetti**
Maureen Johnson & Tim Howard
James & Lisa Kaveney
Joan B. Kennedy
Willis Kleven
Mitchell & Lori Kogut
Leah Kotuby
Karen Kuzmak-Roche
Robert J. Larson
Martin & Anne Lawlor
Robert & Joyce Layman*
Diane Leeman
Jeff & Christine Leiby
David & Margaret Leonetti*
Francesca Leonetti*
Liberty Bank Foundation
Ellen & Lewis Lukens
Julia Marsh & Patrick Kneeland
John & Carolyn Marsh
Dan & Carol Mathison
Arlene Mazzotta
McCormick Tribune Foundation
Michael McGoldrick*
Edward & Jane McMillan
Lucy McMillan & Edward McKeon
Thomas & Martha McVerry
Marcia Metcalf
Michaels Jewelers

Microsoft Matching Gifts Program
Middlesex United Way
Phil Miller
Jean & Mike Monahan
Moravella's Pizza
Mark Muller
NewAlliance Foundation
Janet Parillo**
Emanuel & Connie Pattavina
Pedal Power
Personal Auto Care Service Center
James & Cathy Probolus
Carl & Cora Rodenhizer, Sr.

Donations to Gilead can be made online at www.gileadcs.org.

Lisa Sartorius
SBC/SNET Employees Community Services Fund Central Region
Dolores Scrivano
Stephen & Carol Shapiro
James Silvia*
Barry Simon & Susan Silverman
Patricia Snyder
Rob Snyder
Suburban Stationers, Inc
St. Mary's Church, Clinton,
Father Michael
Laurie Terray & Tom Sizemore III
Ultimate Maintenance Concepts
Margaret Valentine
Patti Vassia
Linda & Neill Walsh
Guy Watson
Town of Westbrook
Whole Foods Market West Hartford
Nancy Wilcox
Sonia Williams
J. Melvin Woody
Joan & John Youngs
Paul & Sowgol Zakarian

In-Kind

Aetna Employees Day of Caring
Stephan Allison
Comcast Cable Communications Inc.
Andree Duggan

Jan Fenger
Paul Hartung
It's Only Natural Market LLC
Mercury Printing Company
Motion Inc.
Megan Paglia-Scheff
Aldo Parnasso
Valley Regional High School in
Deep River student volunteers

The following individuals and businesses helped Gilead to raise over \$26,000 through the United Partners Campaigns sponsored by Fox61 and the McCormick Tribune Foundation:

Dr. Robert Baldwin
Robert F. Baldwin
Better Carpet Cleaners
Bull Metal Company
Philip & Marie Cacciola
Julie Carter
Janice & Ron Catrone
Edward & Lauralei Clapp
John & Mary Ellen Cohen-Shohet
Benedict Daigle
Stuart and Amy Forman
Betsy Gerich
Joanne Hine
Marla & Gordon Hinz
Howard & McMillan
Mr. & Mrs. David Jacob
James & Lisa Kaveney
Julia Marsh & Patrick Kneeland
Robert J. Larson
Martin & Anne Lawlor
John & Carolyn Marsh
Dan & Carol Mathison
Arlene Mazzotta
Edward & Jane McMillan
Lucy McMillan & Edward McKeon
Jean & Mike Monahan
Emanuel & Connie Pattavina
James & Cathy Probolus
Dolores Scrivano
Barry Simon & Susan Silverman
Rob Snyder
Suburban Stationers, Inc.
Patty Vassia
Linda & Neill Walsh
Nancy Wilcox
J. Melvin Woody
Joan & John Youngs

**In memory of Richard Bird

**In memory of Mark Leonetti

LEAVE A LEGACY



GILEAD
COMMUNITY SERVICES, INC
Improving Lives, Building Futures



Gilead recently started the Legacy Society. Members of this society commit to remember Gilead Community Services through their estate planning which can include annuities, transferring of life insurance policies, outright bequests, and retirement benefits payable upon the death of the member.

There is no end to the good you can do.

Each year, 72 percent of Americans give to charities. But only 5.7 percent leave charitable bequest in their wills, keeping their charitable gifts alive once they've passed away. The number one reason people gave for failing to leave a charitable bequest is that they were never asked.

The top seven things you can do today

1. Prepare or update your will.
2. Set aside a gift in your will for your favorite charity or religious organization that has made a difference in your life.
3. Name your favorite charity as the beneficiary of an existing life insurance policy, or purchase a new policy and name the charity as the beneficiary.
4. Remember your loved ones with a charitable bequest-in their honor.
5. Name a charity as the beneficiary of your pension plan or IRA.
6. Discuss with your advisors or your favorite charities the tax advantages you can enjoy now by leaving a gift to a charity.
7. Spread the word. Let family, friends and advisors know that you've taken responsibility for your legacy and for the well being of a cause you care about.

Please consider including Gilead Community Services, Inc. when you are preparing your will.

To find out more please call
Lucy McMillan, Development Director at
(860) 343-5303



LEAVE A LEGACY®
CONNECTICUT

*Include charities in your estate planning
and make a difference in the lives that follow.*

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